Do you need audio/video?

- **Yes**
  - Do you need end-to-end encryption?*
    - **Yes**
      - Signal (≤8 participants)
      - Whereby (≤4 participants)
      - FaceTime (≤32 participants, only for iPhones & Macs)
      - Duo (≤12 participants)
    - **No**, encryption to the server is enough
      - Signal
      - FaceTime
      - Google Meet
      - Microsoft Teams
      - Whereby (≤4 participants)
      - Jitsi Meet (≤8 participants)
      - Big Blue Button
  - **No, text is enough**
    - Are participants ok sharing their phone numbers with each other?
      - **Yes**
        - Can you host on your server?
          - Blue Jeans
          - GoToMeeting
          - Google Meet
          - Microsoft Teams
          - Whereby (≤4 participants)
        - **No**
          - Can you pay?
            - www.frontlinedefenders.org
    - **No**
      - Do you need end-to-end encryption?*
        - **Yes**
          - Signal
          - Whereby (≤4 participants)
          - FaceTime (≤32 participants, only for iPhones & Macs)
          - Duo (≤12 participants)
        - **No, encryption to the server is enough**
          - Signal
          - FaceTime
          - Google Meet
          - Microsoft Teams
          - Whereby (≤4 participants)
          - Jitsi Meet (≤8 participants)
          - Big Blue Button

* With encryption to-server, your message is not encrypted for its entire journey. It is encrypted before it leaves your device, but the service you are using (like Google Meet or Microsoft Teams) decrypts it for processing and re-encrypts it again before sending to recipient(s). That means someone who has access to servers could potentially intercept your messages. Having encryption to-server is OK if you fully trust the server.

* With end-to-end encryption (e2ee), your message gets encrypted before it leaves your device and only gets decrypted when it reaches the intended recipient’s device. Using e2ee is important if you plan to conduct sensitive communication like internal team or partners meetings.

---

**Physical, emotional and digital protection while using home as office in times of COVID-19**

www.frontlinedefenders.org

Inspired by First Look Media