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TO WHOM IT MAY CONCERN

Re: Mr. Abdul Hadi Al-Khawaja, Jau Prison, Bahrain

I have received reports of Mr. Abdul Hadi Al-Khawaja's medical complaints at this time which give rise to very serious concerns regarding his health. His complaints include the following:

1. **Back Pain** - cervical and lumbar which probably reflect degenerative disc disease and the leg weakness suggests the possibility of spinal canal narrowing or stenosis which is a progressive condition, mandating surgical intervention.

There are other reasons why he may be experiencing spinal pain given his age but without further investigation and given his recent weight loss I would be anxious to outrule metastatic disease in particular. For these symptoms and for these reasons alone Mr. Al-Khawaja should have full spinal imaging with MRI scan – cervical, thoracic and lumbar imaging which should be reviewed by a competent Orthopaedic Spine Surgeon.

2. Mr. Al-Khawaja details symptoms in keeping with prostatic obstruction, it may be benign but given his age and duration of symptoms, it may reflect malignant change within his prostate. A further investigation is necessary here including relevant blood tests, physical examination and possible biopsy by a competent Urological Consultant.
3. **Visual Disturbance** - Mr. Al-Khawaja lost vision immediately following events in 2011, loss of vision possibly due to retinol detachment or partial retinol detachment. He is diagnosed with Glaucoma which can cause further damage to the eye if untreated and he is experiencing progressive loss of vision and therefore is in urgent need of Ophthalmic assessment and possibly tentative surgery from a competent Ophthalmic Surgeon.
4. **Maxillo Facial Issues** – Mr. Al-Khawaja suffered a mandibular fracture with fixation in 2011 and has had persistent pain in the area of his temporo-mandibular joint which at this stage may well be arthritic and mal-aligned and requires immediate assessment by a competent Maxillo Facial Surgeon for further imaging of the temporo-mandibular joint and possibly revision surgery or further surgery to the area.

5. **Dental Problems** – Mr. Al-Khawaja has ongoing dental pain, possibly related to Maxillo Facial issue mentioned above but he has significant symptoms and is in urgent need of complete dental assessment, again by a competent Orthodontist or Dentist.
6. **Endocrine** – Mr. Al-Khawaja is experiencing muscle spasm and is experiencing significant loss of muscle mass, all of which can reflect multiple possible underlying medical conditions including Thyroid and Para-Thyroid gland dysfunction causing hypocalcemia. He requires assessment by a competent Endocrinologist/Metabolic Consultant with further investigation of these symptoms.
7. **Coccydynia** – Mr. Al-Khawaja has chronic coccygeal pain post traumatic and this is a significant issue requiring pain management programme and possibly surgery to remove part of his coccyx. Again he requires referral to a competent pain management programme and this issue should be reviewed by an Orthopaedic Spine Surgeon.
8. **Cardiac** – Given Mr. Al-Khawaja's age, the fact that he has experienced muscle wasting and fatigue and given the significant stress he has endured since 2011, he is in my opinion at risk of chronic heart disease and related issues and should be assessed immediately by a Cardiologist.

It is apparent from the information made available to me that Mr. Al-Khawaja's health is failing with multiple potential problems, all which are amenable to further investigation and treatment. To deny him same would in my opinion be entirely unprofessional from a medical perspective constituting gross negligence in fact.

I am more than happy to visit Mr. Abdul Hadi Al-Khawaja personally in Bahrain if necessary. I am also more than happy to facilitate his transfer to a medical facility outside of Bahrain to allow thorough medical and surgical investigation as detailed above. I remain at the disposal of the Bahraini Authorities to help this gentleman in any way I can including medical evacuation to my hospital in Dublin.

Kindest regards,

Yours sincerely,



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